



“Sweat in the Summer Turns into Wins in the Fall”

June 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Vacation but Weight room will be open at 4:00	2 Vacation but weight room will be open at 4:00	3 Vacation but weight room will be open at 4:00	4 Vacation but weight room will be open at 4:00	5
6	7 Vacation but weight room will be open at 4:00	8 Vacation but weight room will be open at 4:00	9 Vacation but weight room will be open at 4:00	10 Vacation but weight room will be open at 4:00	11 Vacation but weight room will be open at 4:00	12
13	14 Summer Training 8-10:30 for Varsity (Passing league @ 5pm) Middle school 5pm -6:30pm	15 Summer Training 8- 10:30 for Varsity. Middle school 5pm -6:30pm	16 Summer Training 8- 10:30 for Varsity. Middle school 5pm - 6:30pm	17 Summer Training 8-10:30 for Varsity (Passing league @ 5pm) Middle school 5pm -6:30pm	18	19 FSU Passing Tournament/L ineman Challenge
20 Father's Day	21 Summer Training 8-10:30 for Varsity (Passing league @ 5pm) Middle school 5pm -6:30pm	22 Summer Training 8- 10:30 for Varsity. Middle school 5pm -6:30pm	23 Summer Training 8-10:30 for Varsity. Middle school 5pm - 6:30pm	24 Summer Training 8-10:30 for Varsity (Passing league @ 5pm) Middle school 5pm - 6:30pm	25	26
27	28 Summer Training 8-10:30 for Varsity (Passing league @ 5pm) Middle school 5pm -6:30pm	29 Summer Training 8- 10:30 for Varsity. Middle school 5pm -6:30pm	30 Summer Training 8-10:30 for Varsity. Middle school 5pm - 6:30pm			



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July 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Summer Training 8-10:30 for Varsity (Passing league @ 5pm) Middle school 5pm - 6:30pm	2	3
4 Independence Day	5 Vacation but weight room will be open at 4:00	6 Vacation but weight room will be open at 4:00	7 Vacation but weight room will be open at 4:00	8 Vacation but weight room will be open at 4:00	9 Vacation but weight room will be open at 4:00	10
11	12 Summer Training 8- 10:30 for Varsity (Passing league @ 5pm) Middle school 5pm - 6:30pm	13 Summer Training 8-10:30 for Varsity. Middle school 5pm - 6:30pm	14 Summer Training 8- 10:30 for Varsity. Middle school 5pm - 6:30pm	15 Summer Training 8-10:30 for Varsity (Passing league @ 5pm) Middle school 5pm - 6:30pm	16	17
18	19 Summer Training 8- 10:30 for Varsity (Passing league @ 5pm) Middle school 5pm - 6:30pm	20 Summer Training 8-10:30 for Varsity. Middle school 5pm - 6:30pm	21 Summer Training 8- 10:30 for Varsity. Middle school 5pm - 6:30pm	22 Summer Training 8-10:30 for Varsity (Passing league @ 5pm) Middle school 5pm - 6:30pm	23	24 FSU Passing tournament/Lineman Challenge
25	26 Summer Training 8- 10:30 for Varsity (Passing league @ 5pm) Middle school 5pm - 6:30pm	27 Summer Training 8-10:30 for Varsity. Middle school 5pm - 6:30pm	28 Summer Training 8- 10:30 for Varsity. Middle school 5pm - 6:30pm	29 Summer Training 8-10:30 for Varsity (Passing league @ 5pm) Middle school 5pm - 6:30pm	30	31



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August 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Vacation but weight room will be open at 4:00	3 Vacation but weight room will be open at 4:00	4 Vacation but weight room will be open at 4:00	5 Vacation but weight room will be open at 4:00	6 Vacation but weight room will be open at 4:00	7
8	9 2 a Day Practice Begins	10 2 a Day	11 2 a Day	12 2 a Day	13 2 a Day	14 1 a Day Scrimmage
15	16 School Starts Regular Practice after school 4-6	17 Regular Practice after school 4-6	18 Regular Practice after school 4-6	19 Regular Practice after school 4-6	20 Regular Practice after school 4-6	21
22	23 Regular Practice after school 4-6	24 Regular Practice after school 4-6	25 Regular Practice after school 4-6	26 Regular Practice after school 4-6	27 Regular Practice after school 4-6	28 Jamboree/Aucilla
29	30 Regular Practice after school 4-6	31 Regular Practice after school 4-6				First game Wewa